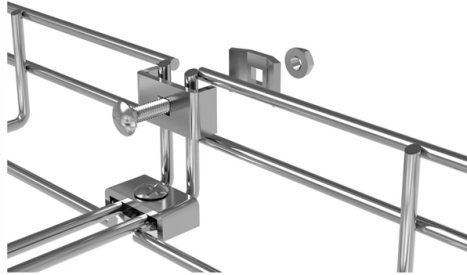


# How is the performance of fiber optic broadband



## Overview

Fiber-optic internet dramatically outpaces traditional broadband, offering speeds up to 1 Gbps in some markets.

## Key Takeaways

Fiber optic broadband delivers exceptionally high speeds, low latency, and reliable symmetric connectivity, outperforming traditional copper-based internet technologies.

## Speed and Bandwidth

Fiber optic internet can provide download and upload speeds up to 1 Gbps or higher, significantly surpassing cable and DSL, which typically max out at 100–300 Mbps. The technology uses light pulses through optical fibers, allowing high bandwidth over long distances without signal degradation, unlike copper cables that suffer from electromagnetic interference and attenuation. This enables seamless streaming of ultra high-definition content, fast file transfers, and efficient cloud computing.

## Latency and Reliability

Fiber networks offer low latency, which is critical for real-time applications such as online gaming, video conferencing, and telemedicine. Key performance metrics like Optical Signal-to-Noise Ratio (OSNR) and Bit Error Rate (BER) ensure data integrity and minimal errors during transmission.



## High OSN

R values indicate clear signals with minimal interference, while low BER ensures accurate data delivery, reducing retransmissions and improving overall network efficiency.

## Symmetric Connectivity

A major advantage of fiber is symmetric upload and download speeds, unlike traditional broadband where upload speeds are often much lower. This is particularly beneficial for businesses and remote workers who rely on cloud services, video calls, and large file uploads.

## Scalability and Longevity

Fiber infrastructure is highly scalable, capable of supporting speeds far beyond current consumer needs, potentially up to 60,000 times faster than today's 10 Gbps systems. The physical fiber itself has a lifespan exceeding 35 years, making it a durable investment that can accommodate future technological advancements without major infrastructure upgrades.

## User Experience

Consumers report consistent performance even during peak usage, with minimal buffering or slowdowns. Fiber's high throughput and low latency enhance productivity, entertainment, and online collaboration, providing a competitive edge for both personal and business applications.

## Summary

Overall, fiber optic broadband offers superior speed, reliability, low latency, and long-term scalability compared to DSL, cable, or wireless alternatives. Its performance makes it ideal for modern high-bandwidth applications, ensuring a robust and future-proof internet experience.

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